

## Aikido course with Mustard Shihan, 8th Dan

**10 and 11 May 2025 in Munich**

PSV Halle, Franz-Mader-Straße 11, 80992 Munich



Mustard Sensei began his Yoshinkan Aikido training well over 40 years ago with Kameda Sensei. After achieving the 3rd Dan, he left Toronto to continue his studies at the Yoshinkan Aikido Honbu Dojo in Tokyo.

In 1987, Mustard Sensei completed the intensive nine-month Senshusei course, which is mandatory for the Tokyo riot police and the instructors of the Honbu Dojo. He was one of the first foreigners ever to receive the award for the best performance at the annual All-Japan Yoshinkan demonstration.

For almost 10 years, Mustard Sensei was trained as a student of Soke Gozo Shioda, the founder of Yoshinkan Aikido, Takeno Sensei and Chida Sensei. In 1991, Mustard Sensei was appointed Itaku Shido-in by Shioda Kancho and remained the chief instructor at Yoshinkan Honbu Dojo until he returned to Canada in 1995.

Mustard Sensei achieved the rank of Hachidan (8th Dan) in 2015 and in 2011 he was awarded the title of Shihan, "Teacher of Teachers". Today, Mustard Sensei is considered one of the best Yoshinkan Aikido practitioners and teachers worldwide.

<b>Saturday 10 May</b>	10.30 – 12.30:	Training
	12.30 – 14.30:	Lunch break*
	14.30 – 16.00:	Training
	16.00 – 16.30:	Break
	16.30 – 18.00:	Training
<b>Sunday 11 May</b>	10.30 – 12.30:	Training
	12.30 – 14.30:	Lunch break*
	14.30 – 15.30:	Training
<b>Dues</b>	150€ (120€ for pupils, students, trainees)	

**Learn more** Each participant trains at his or her own risk. The organizer and the persons commissioned by the organizers shall not be liable for material or bodily damage.

\* Restaurant is located next to the hall (not included in the fee)

**Registration** Registration by 26.04.2025 by e-mail to: [kotisch@meidokan.de](mailto:kotisch@meidokan.de)